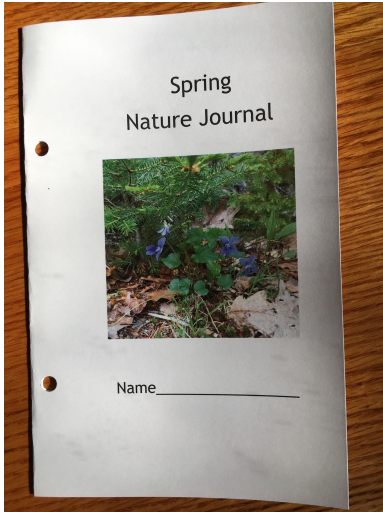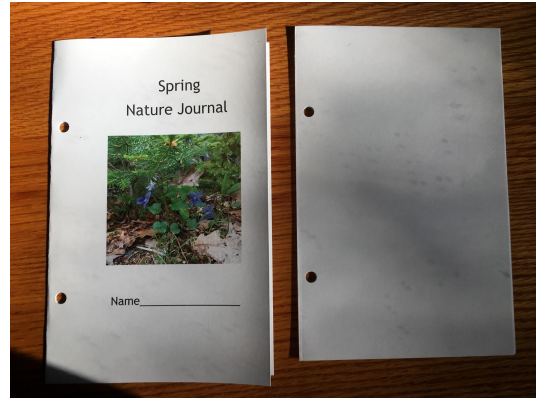# How to Make a Simple Nature Journal

Step 1: Make a cover out of cardstock and fold in half.

Step 2: Punch holes along the folded edge and insert sheets of paper, also with aligned holes.

Step 3: Thread a rubber band through one hole from the back and slip around the end of a sturdy stick. Pull rubber band and poke it through the second hole and slip around other end of stick.

Step 4: Start sketching and writing in your journal!