How to Make a Simple Nature Journal

**Step 1:** Make a cover out of cardstock and fold in half.

**Step 2:** Punch holes along the folded edge and insert sheets of paper, also with aligned holes.

**Step 3:** Thread a rubber band through one hole from the back and slip around the end of a sturdy stick. Pull rubber band and poke it through the second hole and slip around other end of stick.

**Step 4:** Start sketching and writing in your journal!